

Lifelong Learning at Montgomery College

At A Glance Schedule Spring 2026

Anthropology

Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLP317	34092	Introduction To Sociocultural Anthropology	2/10/2026	5/17/2026	T,R	11:00 a.m.- 12:30 p.m.	Tara L. Tetrault	TK CU 201

Archaeology and World Cultures

Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLP299	34047	A Taste Of History: The Global Story of Soups and Stews	3/30/2026	4/27/2026	M	3:00-5:00 p.m.	Naomi Daremlum	SR
LLP318	34109	Human Evolution And Archaeology	1/27/2026	5/17/2026	T,R	12:30-1:45 p.m.	Lauren M. Bokor	GC HS 173
LLP318	34104	Human Evolution And Archaeology	2/10/2026	5/17/2026	T,R	2:00-3:30 p.m.	Ronald W. Nunn	TK LB 004
LLI802	34169	Introduction To Archaeology	1/27/2026	5/17/2026	T,R	9:30-10:45 a.m.	Barbara L. Wolff	RC HU 221

Art

Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLI247	33687	Acrylic Painting: Basic Techniques	1/29/2026	3/5/2026	R	10:30 a.m.- 12:30 p.m.	Tatiana Martin	RC TBD
LLI471	33693	Amazing Photos With Your iPhone	1/26/2026	2/16/2026	M	6:30-8:30 p.m.	Michael Koren	SR
LLP297	34044	Drawing For The Visual Mind	1/21/2026	3/11/2026	W	10:00 a.m.- 12:00 p.m.	Lauren Schreib	TK TBD
LLI489	34147	Drawing with Pencils, Charcoal, or Pastels	3/2/2026	4/13/2026	M	6:30-8:30 p.m.	Evan Goldman	RC TBD
LLI652	33690	How to Paint Like an Impressionist	3/26/2026	4/30/2026	R	10:30 a.m.- 12:30 p.m.	Tatiana Martin	GC GBTC 442
LLI937	34172	Landscape & Cityscape Photography	2/17/2026	3/10/2026	T	6:30-8:30 p.m.	Michael Koren	RC TBD
LLI705	34148	Landscapes and Seascapes	3/26/2026	4/30/2026	R	6:30-8:30 p.m.	Evan Goldman	RC TBD
LLP175	33681	Pencil Drawing: Nature	2/24/2026	4/7/2026	T	10:30 a.m.- 12:30 p.m.	Tatiana Martin	RC TBD
LLI792	33688	The Art Of Pencil Drawing	1/26/2026	3/2/2026	M	10:30 a.m.- 12:30 p.m.	Tatiana Martin	RC TBD
LLI609	33689	Watercolor Techniques I	2/4/2026	3/11/2026	W	10:30 a.m.- 12:30 p.m.	Tatiana Martin	GC GBTC 442

Art History

Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLI778	34149	Discovering Art In Montgomery	3/7/2026	4/4/2026	S	11:00 a.m.- 1:00 p.m.	Evan Goldman	
LLP292	34039	Elegance and Exuberance: French Rococo	2/4/2026	2/18/2026	W	11:30 a.m.- 1:30 p.m.	Irina Stotland	RC TBD
LLP294	34041	Jan Van Eyck: The Optical Revolution	3/23/2026	4/6/2026	M	10:30 a.m.- 12:30 p.m.	Irina Stotland	RC TBD
LLP307	34065	Still Lifes: Are they Really the Lowest on the Painting Genre Scale?	2/12/2026	3/5/2026	R	10:30 a.m.- 12:30 p.m.	Ruth Manchester	RC TBD
LLP307	34067	Still Lifes; Are they Really the Lowest on the Painting Genre Scale?	2/12/2026	3/5/2026	R	10:30 a.m.- 12:30 p.m.	Ruth Manchester	SR
LLP293	34040	The Birth of Western Art: Art of Ancient Greece	2/25/2026	3/11/2026	W	11:30 a.m.- 1:30 p.m.	Irina Stotland	RC TBD

LLI498	34645	The Wonders and Mysteries of Romanesque and Gothic Architecture & Art	4/2/2026	4/30/2026	R	10:30 a.m.-12:30 p.m.	Ruth Manchester	RC TBD
LLP302	34055	Unbound: Jewish Artists from Modernity to the Present	3/24/2026	4/21/2026	T	6:30-8:30 p.m.	Naomi Daremblum	SR
Brain Fitness								
Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLP312	34317	Categories of Stressors and the Most Effective Tools to Conquer Them	3/4/2026	4/8/2026	W	10:00 a.m.-12:00 p.m.	Alice Langholt	RC TBD
LLI613	34153	Embracing Imperfection through Meditation	3/4/2026	4/1/2026	W	1:00-2:30 p.m.	Carol Moore	SR
LLI396	34151	Memory Academy: Train Your Brain to Retain!	2/11/2026	3/11/2026	W	1:00-3:00 p.m.	Tom King	SR
Careers for 50+								
Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
CRP013	33842	Career Exploration Boot Camp	1/31/2026	2/21/2026	S	9:00 a.m.-12:00 p.m.	Jenny Hodges	SR
CRP123	33840	Finding the Right Fit: Strengths-based Approach to Landing Your Job and Loving It	3/28/2026	4/18/2026	S	9:00 a.m.-12:00 p.m.	Jenny Hodges	SR
CRP124	33841	Leveraging AI In Your Job Search	2/28/2026	3/14/2026	S	9:00 a.m.-12:00 p.m.	Jenny Hodges	SR
Computers & Technology								
Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLI790	34145	Computer Skills for Beginners	2/4/2026	3/11/2026	W	10:30 a.m.-12:30 p.m.	Chiquita Sorrels	RC GU 233
LLI790	34146	Computer Skills for Beginners	3/24/2026	4/28/2026	T	1:30-3:30 p.m.	Chiquita Sorrels	RC MK 105
LLP115	34087	Computer Skills: Beyond Beginner	3/26/2026	4/30/2026	R	1:30-3:30 p.m.	Tina Denmark	RC MK 105
LLI947	34213	Getting The Most Out Of iPhone	2/10/2025	2/24/2025	T	1:30-3:30 p.m.	Vicki McGill	RC MK 107
LLI352	34214	Getting To Know Your iPad	3/24/2026	4/7/2026	T	1:30-3:30 p.m.	Vicki McGill	RC MK 107
Criminal Justice								
Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLP218	34111	Administration Of Justice	2/10/2026	5/14/2026	T,R	2:00-3:30 p.m.	TBA	TK P4 117
LLP220	34118	Constitutional Law	1/27/2026	5/14/2026	T,R	9:30-10:45 a.m.	Bridget Lowrie	RC HU 011
LLP320	34115	Criminal Law	2/10/2026	5/14/2026	T,R	11:00 a.m.-12:30 p.m.	James S. Fay	GC HT 406
LLP319	34112	Organization And Administration	2/9/2026	5/13/2026	M,W	2:00-3:30 p.m.	TBA	RC HU 011
Culinary								
Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLP281	34315	Cake Decorating 101!	2/16/2026	2/16/2026	M	6:00-8:30 p.m.	Annie Clemmons	RC TBD
LLP282	34032	Confections!	3/2/2026	3/2/2026	M	6:00-8:30 p.m.	Annie Clemmons	RC TBD
LLP283	34593	Cream Puffs And Eclairs	3/9/2025	3/9/2025	M	6:00-9:00 p.m.	Annie Clemmons	RC TBD
LLP284	34033	Gluten Free Baking	2/2/2026	2/2/2026	M	6:00-8:30 p.m.	Annie Clemmons	RC TBD
LLP279	34314	Homemade Croissants	2/9/2025	2/9/2025	M	6:00-9:00 p.m.	Annie Clemmons	RC TBD

LLP285	34034	Make Your Own Easter Treats!	2/23/2026	2/23/2026	M	6:00-8:30 p.m.	Annie Clemmons	RC TBD
LLP286	34139	Mother's Day Lemon Meringue Tart with Strawberries	3/23/2026	3/23/2026	M	6:00-8:30 p.m.	Annie Clemmons	RC TBD
LLP287	34035	Savory Baking	4/13/2026	4/13/2026	M	6:00-9:00 p.m.	Annie Clemmons	RC TBD
LLP280	34031	Tea Party Treats	1/26/2026	1/26/2026	M	6:00-8:30 p.m.	Annie Clemmons	RC TBD

History and Current Events

Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLP298	34046	A River Runs Through It: Cities	2/4/2026	3/4/2026	W	3:00-5:00 p.m.	Naomi Daremblum	SR
LLP331	34602	American Top Ten: The Legacy of Exclusion	1/29/2026	2/19/2026	R	10:00-12:00 p.m.	Ed Ingebretsen	SR
LLI511	33683	An Insight Into Politics and Current Events	2/25/2026	5/6/2026	W	10:30-12:30 p.m.	Joel Cockrell	SR
LLP309	34083	Chess Throughout History	2/2/2026	3/2/2026	M	6:00-8:00 p.m.	Stephanie Berk	RC TBD
LLP313	34085	Europe's Age of Political Movements of 1970–1985: Red Brigades and Beyond	2/2/2026	3/9/2026	M	10:30-12:30 p.m.	Naomi Daremblum	RC TBD
LLP313	34086	Europe's Age of Political Movements of 1970–1985: Red Brigades and Beyond	2/2/2026	3/9/2026	M	10:30-12:30 p.m.	Naomi Daremblum	SR
LLP291	34038	From Kimchi to K-Pop: A Cultural Tour of Korea Through Taste, Sound, and Sight	2/13/2026	3/27/2026	F	2:00-4:00 p.m.	Eunjoung Park	RC TBD
LLP303	34057	Get Thee To A Nunnery: Women, Convents, and Authority from the Middle Ages to the Enlightenment	2/12/2026	3/12/2026	R	10:30-12:30 p.m.	Naomi Daremblum	RC TBD
LLP303	34060	Get Thee To A Nunnery: Women, Convents, and Authority from the Middle Ages to the Enlightenment	2/12/2026	3/12/2026	R	10:30-12:30 p.m.	Naomi Daremblum	SR
LLP231	34119	Globalization Issues	2/9/2026	5/13/2026	M,W	11:00 a.m.-12:30 p.m.	Katya Salmi	RC SB 206
LLP330	34592	History Of Iran	2/5/2026	3/12/2026	R	1:00-3:00 p.m.	Eric Gartman	SR
LLP243	34120	Social Problems and Issues	1/27/2026	5/14/2026	T,R	9:30-10:45 a.m.	Tracie L. Witte	RC CS 020
LLP300	34048	Sound of Europe: The Weird and Wonderful World of Eurovision	4/15/2026	5/6/2026	W	1:30-3:30 p.m.	Naomi Daremblum	RC TBD
LLP300	34049	Sound of Europe: The Weird and Wonderful World of Eurovision	4/15/2026	5/6/2026	W	1:30-3:30 p.m.	Naomi Daremblum	SR
LLP295	34042	The History of Science Fiction Movies and Television Shows	3/24/2026	4/28/2026	T	1:30-3:30 p.m.	Joel Cockrell	RC TBD
LLI551	34158	The House Of Medici	3/30/2026	4/27/2026	M	10:30 a.m.-12:30 p.m.	Naomi Daremblum	RC TBD
LLI551	34159	The House Of Medici	3/30/2026	4/27/2026	M	10:30 a.m.-12:30 p.m.	Naomi Daremblum	SR
LLP143	33676	The Supreme Court Today	3/26/2026	5/7/2026	R	1:30-3:30 p.m.	Joel Cockrell	RC TBD
LLP290	34037	World War Two	2/4/2026	3/11/2026	W	12:00-2:00 p.m.	Eric Gartman	RC TBD

Home and Garden

Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLP152	33680	Annuals and Perennials for Mid-Atlantic Landscape	4/14/2026	4/21/2026	T	6:30-9:00 p.m.	Janet Johnson	RC TBD
LLP043	34306	Easy Care Houseplants	1/26/2026	2/2/2026	M	6:30-9:00 p.m.	Janet Johnson	SR

LLP273	33679	Garden Design	2/17/2026	3/10/2026	T	6:30-9:00 p.m.	Janet Johnson	RC TBD
LLP262	34238	Getting Started With Chicken Keeping and Eggs	4/13/2026	5/4/2026	M	6:00-8:00 p.m.	Stephanie Berk	RC TBD
LLI022	33685	Orchids: How To Grow And Bloom	1/13/2026	1/13/2026	T	6:30-9:30 p.m.	Janet Johnson	SR
Human and Natural Science								
Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLP325	34088	Adolescent Psychology	1/27/2026	5/14/2026	T,R	2:00-3:15 p.m.	Nichole G. Thomas	RC HU 127
LLP064	33678	Connecting with Our Chesapeake Bay: The Past, Present, and Future	3/5/2026	4/2/2026	R	10:30 a.m.-12:30 p.m.	Dorian Janney	SR
LLP314	34131	Educational Psychology	2/10/2026	5/17/2026	M,W	11:00 a.m.-12:30 p.m.	Bonita Parker	TK RC 204
LLP289	34316	Exploring The Universe	3/5/2026	4/2/2026	R	1:00-3:00 p.m.	Dorian Janney	SR
LLI908	33691	Genealogy: Researching Your Family History	4/16/2026	5/7/2026	R	10:00 a.m.-12:00 p.m.	Jeff Miller	GC GBTC 401
LLP322	34124	General Psychology	1/26/2026	5/13/2026	M,W	10:00-11:15 a.m.	TBA	ECEC 156
LLP323	34129	Human Growth And Development Through The Lifespan	2/9/2026	5/13/2026	M,W	10:00-11:30 a.m.	TBA	TK RC 203
LLP324	34130	Social Psychology	2/9/2026	5/13/2026	M,W	12:00-1:30 p.m.	TBA	RC Rockville
LLP321	34122	Sociology Of Sport	1/26/2026	5/15/2026	MWF	10:00-10:50 a.m.	Daniel M. Santore	SR
Literature and Writing								
Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLP245	34091	Advanced Creative Writing Fiction	2/10/2026	5/14/2026	T,R	2:15-3:45 p.m.	Lauren Strawbridge	RC Rockville
LLP186	33677	And the Winner Is: Best Foreign Films	2/6/2026	3/13/2026	F	10:30 a.m.-12:30 p.m.	Naomi Daremblum	SR
LLP278	34030	The Bronte Sisters: A Survey of Their Life and Writings	1/26/2026	3/2/2026	M	10:30 a.m.-12:30 p.m.	Ann Stephenson	RC TBD
LLP276	34028	Essential Tools For Improving Creative Writing	2/10/2026	2/24/2026	T	1:00-3:00 p.m.	Alice Langholt	RC TBD
LLP316	34090	Intro To Creative Writing Of Fiction	2/10/2026	5/14/2026	T,R	12:30-2:00 p.m.	Katherine Smith	RC Rockville
LLP315	34089	Intro To Creative Writing Of Poetry	2/10/2026	5/14/2026	T,R	12:00-1:30 p.m.	Katherine Smith	RC Rockville
LLP327	34133	Introduction To Modern Drama	2/10/2026	5/14/2026	DL	Distance Learning	Shayla M. Atkins Baxter	DL DL
LLP326	34134	Introduction To World Literature	2/10/2026	5/14/2026	DL	Distance Learning	Deborah Taylor	DL DL
LLI707	34152	Literary Cafe	1/29/2026	4/9/2026	R	2:00-4:00 p.m.	Adele Seeff	SR
LLP304	34063	Mysteries Behind the Iron Curtain: Detective Stories from Eastern Europe	3/27/2026	4/24/2026	F	10:30 a.m.-12:30 p.m.	Naomi Daremblum	SR
LLP277	34029	Now We're Cooking: Short Stories About Food	4/6/2026	5/11/2026	M	10:30 a.m.-12:30 p.m.	Ann Stephenson	SR
LLP306	34138	The History and Evolution of the Fairy Tale	2/11/2026	4/8/2026	W	6:30-8:30 p.m.	Pam McFarland	SR
LLI239	34163	The Short Story	2/10/2026	5/17/2026	T,R	11:00 a.m.-12:30 p.m.	Anna V. Deadrick	RC Rockville

LLI239	34164	The Short Story	2/10/2026	5/17/2026	T,R	NA	Cinder C. Barnes	DL DL
LLP301	34050	The World Of Dickens: Great Expectations	3/26/2026	4/30/2026	R	10:30 a.m.-12:30 p.m.	Naomi Daremblum	RC TBD
LLP301	34052	The World Of Dickens: Great Expectations	3/26/2026	4/30/2026	R	10:30 a.m.-12:30 p.m.	Naomi Daremblum	SR
Personal Enrichment								
Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLI528	34154	A.S.K. In A Nutshell	4/15/2026	5/20/2026	W	1:00-2:15 p.m.	Jeff Miller	GC GBTC 402
LLI528	34155	A.S.K. In A Nutshell	4/15/2026	5/20/2026	W	1:00-2:15 p.m.	Jeff Miller	SR
LLP288	34036	Bridge 2	2/2/2026	2/26/2026	MR	2:00-4:00 p.m.	David Dong	RC TBD
LLI942	33684	Bridge For Beginners	1/28/2026	3/4/2026	W	2:00-4:00 p.m.	David Dong	RC TBD
LLI755	33692	Hiking and Camping: An Introduction	3/11/2026	3/11/2026	W	6:00-8:00 p.m.	Eli Rutstein	SR
LLP305	34132	Optimize Your Life for Happiness and Well-Being	1/27/2026	2/17/2026	T	6:30-8:30 p.m.	Natasha Sacks	SR
LLP275	34027	Productive Listening: Diffusing Conflicts in Written and Verbal Communication	2/13/2026	2/27/2026	F	1:00-3:00 p.m.	Alice Langholt	RC TBD
LLP308	34082	Shop Smart at Our Farmer's Markets	3/9/2026	4/6/2026	M	6:00-8:00 p.m.	Stephanie Berk	GC GBTC 442
Personal Finance								
Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
PRF194	33971	Can Markets Exist Outside of Morality?	3/23/2026	3/23/2026	M	5:00-7:00 p.m.	Art Grinath	TK TBD
PRF196	33968	Never Stop Learning: Investing Basics for Older Investors	1/12/2026	1/12/2026	M	6:00-7:30 p.m.	Erin Scheithe	SR
PRF155	33614	Investing in the Thrift Savings Plan When Working and Retired	3/2/2026	3/2/2026	M	6:00-9:00 p.m.	Jeff Schweighoffer	SR
PRF195	33970	Is Cryptocurrency Money? - Understanding Money, Inflation and Cryptocurrency	2/23/2026	2/23/2026	M	5:00-7:00 p.m.	Art Grinath	TK TBD
PRF193	33972	Is Social Security Worth Saving?	4/13/2026	4/13/2026	M	5:00-7:00 p.m.	Art Grinath	TK TBD
PRF033	33611	Probate in Maryland: An Overview for Executors-To-Be	2/11/2026	2/18/2026	W	6:30-9:00 p.m.	Lorryn Logan	SR
PRF197	33969	Protect Your Money: Can You Spot the Red Flags of Investment Fraud?	3/5/2026	3/5/2026	R	10:00-11:30 a.m.	Erin Scheithe	SR
PRF032	33626	Rejuvenate Your Retirement	3/5/2025	3/12/2025	R	1:00-3:30 p.m.	Jamie Ingoe, Don Chomas	SR
PRF032	33625	Rejuvenate Your Retirement	3/4/2026	3/11/2026	W	1:00-3:30 p.m.	Jamie Ingoe, Don Chomas	RC TBD
PRF169	33619	Retirement Planning Today	2/5/2026	2/12/2026	R	6:30-9:30 p.m.	Russell Rifkin, Jamie Ingoe	TMS 2108
PRF169	33616	Retirement Planning Today	2/10/2026	2/17/2026	T	6:30-9:30 p.m.	Allison McCarty, Grant LaGasse	SWHS 143
PRF169	33620	Retirement Planning Today	2/11/2026	2/18/2026	W	6:30-9:30 p.m.	Russell Rifkin, Jamie Ingoe	RC TBD
PRF169	33621	Retirement Planning Today	2/17/2026	2/24/2026	T	6:30-9:30 p.m.	Russell Rifkin, Jamie Ingoe	SR
PRF169	33617	Retirement Planning Today	2/19/2026	2/26/2026	R	6:30-9:30 p.m.	Allison McCarty, Grant LaGasse	SWHS 143

PRF169	33624	Retirement Planning Today	3/3/2026	3/10/2026	T	6:30-9:30 p.m.	Russell Rifkin, Jamie Ingoe	SR
PRF169	33622	Retirement Planning Today	3/4/2026	3/11/2026	W	6:30-9:30 p.m.	Russell Rifkin, Jamie Ingoe	BCC C108
PRF169	33623	Retirement Planning Today	3/5/2026	3/12/2026	R	6:30-9:30 p.m.	Russell Rifkin, Jamie Ingoe	GC GBTC 402
PRF169	34222	Retirement Planning Today	3/13/2026	3/27/2026	F	1:00-4:00 p.m.	Jeff Schweighoffer	RC TBD
PRF169	33618	Retirement Planning Today	4/30/2026	5/7/2026	R	6:30-9:30 p.m.	Allison McCarty, Perry Lazerus	TK TBD
PRF172	33615	Stocks, Bonds, Mutual Funds, and ETFs Explained	3/3/2026	3/10/2026	T	6:00-8:30 p.m.	Jeff Schweighoffer	SR
PRF171	33612	Wills And Estates	2/10/2026	2/17/2026	T	6:30-9:30 p.m.	Lorryn Logan	SR
PRF171	33613	Wills And Estates	4/14/2026	4/21/2026	T	6:30-9:30 p.m.	Lorryn Logan	SR
Wellness								
Course	CRN	Course Title	Start Date	End Date	Day(s)	Time	Instructor	Location
LLI641	34150	Building Bones and Muscle Strength	2/4/2026	3/4/2026	W	10:00-11:00 a.m.	Chris Harrison	RC TBD
LLI383	33695	Gentle Water Fitness for Muscle Tone and Cardio	1/26/2026	4/22/2026	MW	9:00-9:50 a.m.	Kraig Kinsey	RC PE POOL
LLI383	34313	Gentle Water Fitness for Muscle Tone and Cardio	1/27/2026	4/23/2026	T,R	10:00-10:50 a.m.	Kim Harris	GC PG POOL
LLI531	34162	Gentle Yoga for Mood and Strength	1/20/2026	2/24/2026	T	8:00-9:00 a.m.	Sandra Menzies	GC TBD
LLI531	34161	Gentle Yoga for Mood and Strength	3/24/2026	4/28/2026	T	8:00-9:00 a.m.	Sandra Menzies	GC TBD
LLP149	33682	Line Dancing For Everyone	2/16/2026	4/13/2026	M	6:00-7:00 p.m.	Gizelle Merced	RC TBD
LLP310	34084	Pickleball 101	3/5/2026	4/30/2026	R	10:30 a.m.-12:00 p.m.	Art Shenk	GC TBD
LLP328	34136	Tai Chi 24 Form for Physical and Mental Well-being	2/25/2026	4/8/2026	W	2:00-3:00 p.m.	Glenn Moy	RC TBD
LLP329	34137	Tai Chi 8 Form For Novices	2/16/2026	4/13/2026	M	10:00 a.m.-11:00 a.m.	Andrew Li	RC TBD